

This is Exmouth Rugby



Lead Coach

The Lead Coach has the potential to be a highly influential figure in young players' lives. You're responsible to the Chairman of Junior Rugby for developing a training programme to prepare the team for games. It's an exciting, rewarding and active way of staying in the game and lets you have a direct influence on player's performance and the future of the club.

Ideally you'll need to be:

Knowledgeable about the game

Enthusiastic and willing to earn an RFU Coaching Award

Confident and good at communicating

Committed to fair play

Well-organised and a good timekeeper

Approachable and good with people

What you'll do:

Plan and run safe, effective training sessions

Retain players and work with relevant volunteers to recruit players

Build team spirit and encourage participation

Develop individuals' skill, confidence and fitness

Select the team and set the tactics

Work with the Club Coaching Coordinator to continue learning and developing

Promote fair play, team standards and codes of conduct

How much time it will take up:

Around 5-8 hours a week during the season, depending on the level you're coaching at.

What you'll get out of it:

Coaching is a great way to stay fit and pass on your knowledge of the game. Acting as a role model and inspiration to a group of young people and seeing them grow and develop is one of the most rewarding things you can do with your spare time. It's a highly respected role in the community and above all, it's really good fun.

Contact the Chairman of Junior Rugby if you are interested.

Teamwork Respect Enjoyment Discipline Sportsmanship