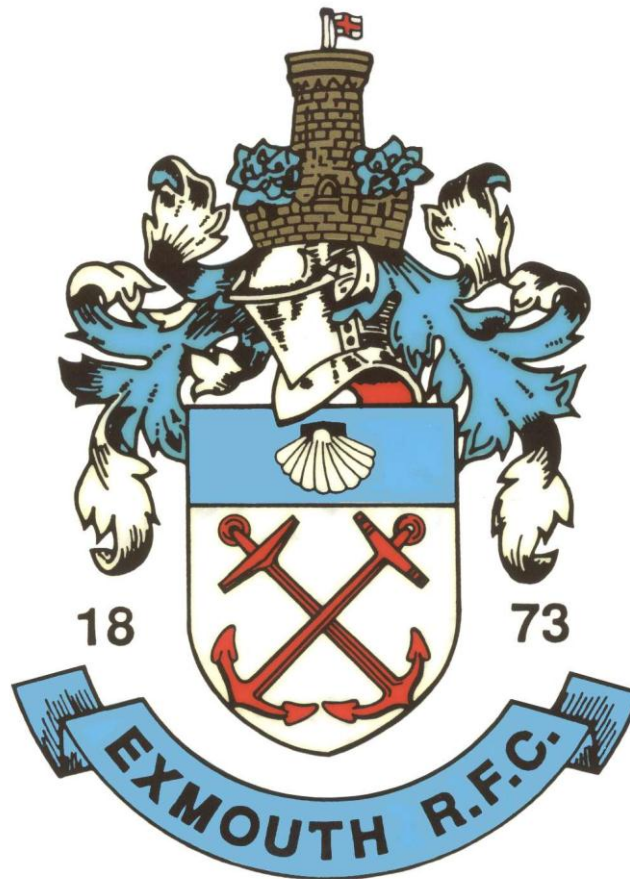


## Exmouth Rugby Football Club

Imperial Recreation Ground, The Royal Avenue, Exmouth, Devon. EX8 1DG



# Coaching Policy

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## COACHING POLICY

It is the club's policy that **BEFORE** assisting in any activity with children (those Under 18 years of age) potential volunteers (coaches & managers, plus certain other positions) complete a 'Volunteers Details Form'.

Please note that potential volunteers will also be required to complete an Enhanced CRB form. It is Exmouth Rugby Football Club's policy to provide the highest possible standard of coaching throughout the whole club. In attempting to achieve this, we must encourage and assist all coaches to further their knowledge and experience in coaching procedures and practices.

This can be in the form of :

1. Attendance at RFU approved Award standard coaching courses.
2. Attendance at other relevant and recognised coaching and allied seminars and meetings run by other accredited agencies. i.e. National Coaching Foundation, UK Sport etc.
3. Attendance at coaching clinics, workshops, conferences and in-service courses/training.
4. Mentoring and guidance from experienced coaches.
5. Working with experienced, qualified coaches.

All Club coaches, at whatever level they are coaching at **MUST** be fully aware of and follow the RFU Rugby Continuum, all RFU rules, directives and regulations,

The club is responsible for:

Duty of Care Policy, Welfare Policy, Youth Rugby Policy, Discipline Policy, Tour Policy, Conduct Codes and any other relevant Policy and instructions.

Senior Club coaches should

- Hold a current UKCC Level 3 Certificate in Coaching Rugby Union qualification (or equivalent qualification) or a UKCC Level 2 Certificate in Coaching Rugby Union (or equivalent qualification) with evidence of working towards the UKCC Level 3 award.
- Be an enthusiastic and self-motivated team player.
- Have a proven ability to communicate with players, coaching and management team and all other relevant people.

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For all those coaching / managing at under 18 age group level they:

- Must have completed a Volunteer Details Form. No one will be allowed to assist at training until they have completed this form.
- Hold an enhanced current CRB Disclosure document and booked to attend a recognised Child Protection Training Course within 6 months of starting.
- Assistant coaches should have attended one or more of the following courses: RFU Foundation, Start Rugby, IRB Ready rugby, Community Leaders, Tag Rugby and Coaching Contact.

Lead coaches in Mini/Midi rugby should ideally (Under 10 upwards) be qualified to the UKCC Level 1 Certificate in Coaching Rugby Union (or equivalent qualification).

Assistant coaches should have attended one or more of the following courses: RFU Foundation, Start Rugby, IRB Ready rugby, Community Leaders, Tag Rugby and Coaching Contact.

Lead coaches in Junior rugby should ideally be qualified to UKCC Level 2 Certificate in Coaching Rugby Union (or equivalent).

An Assistant coaches should have, or be working towards an UKCC Level 1 Certificate in Coaching Rugby Union (or equivalent qualification).

All other Assistant coaches should have attended one or more of the following courses: RFU Foundation, Start Rugby, IRB Ready rugby, Community Leaders, Tag Rugby and Coaching Contact.

All coaches **MUST NOT ASK** or **ALLOW** any adult or youth to take part or help in training, playing or fun sessions of any kind, organised by the club, who has not the relevant qualification, training or the club's authorisation.

A first aid qualification or award is also required for each team.

All coaches at whatever level or standard have an obligation to keep up to date with all current coaching techniques and methods.